



Parents and Guardians: In Cappamore Juvenile GAA Club , Parents/Guardians play a key role in the promotion of sport and their children's enjoyment and development in sport. Parents/Guardians need to be aware, informed and involved in promoting the safest possible environment, for their children to enjoy their participation in Gaelic games. To assist in the promotion of good practice in our Club:

Parents/Guardians should Encourage their child to:

1. Play by the rules.
2. Improve their skill levels.
3. Appreciate everybody on your team, regardless of ability.
4. Maintain a balanced and healthy lifestyle with regard to exercise, food, rest and play.
5. Focus on efforts rather than performance.

Parents/Guardians should Lead by example and:

6. Respect and Support Mentors and Officials decisions and encourage your child to do likewise.
7. Do not exert undue pressure on your children or young players.
8. Never criticise your own child or any other child for their standard of play.
9. Be realistic in your expectations.
10. Show approval for effort, not just results.
11. Never embarrass a child or use sarcastic remarks towards a player. Do not ridicule or shout at a child for losing a game or making a mistake.
12. Applaud good play from all teams.
13. Don't criticise playing performances. Identify how improvement can be made.
14. Do not seek to unfairly affect a game or player.
15. Do not enter the field of play or play area or dressing rooms, unless invited to do so by a Mentor in charge.
16. Behave responsibly on the sideline. Be positive or be quiet, negative comments are counterproductive.

Parents/Guardians should :

17. Complete and return the registration/permission for your child's participation in Cappamore Juvenile GAA Club.
18. Ensure their children understands and accepts the young players behaviour policy.
19. Be aware of the team Mentors and their role within the Club.
20. Support the Mentors in conveying the fair play message in Cappamore Juvenile GAA.
21. Inform Mentors of any change in your child's medical or dietary requirements prior to training sessions/games or other activities.
22. Inform Mentors on a timely basis, if your child is not available to attend training or a match.
23. Ensure that your child punctually attends training sessions/games/other activities.
24. Ensure that you know of training/match finish times and collect your child on time.
25. Provide your child with proper clothing and equipment. Gum shields are mandatory for all football (training and matches), helmets are mandatory for all hurling (training and matches).
26. Ensure that the nutrition/hydration and hygiene needs of your child are met.
27. Talk to Club Officers/Children's Officer with any concerns or questions you may have.
28. Support the mentors and referee decisions.
29. Never behave with physical or verbal aggression towards another person (actually use force or threaten the use of force).
30. Advise mentors if they do not wish their kids photos to be taken for use in group photos, yearbooks or newspapers.



Young Players: Cappamore Juvenile GAA Club has a registration procedure whereby parents agree for you to become a Club member. Becoming a Club member, you agree to abide by the Code of Behaviour and to other policies, codes and procedures in the Club. It is your responsibility to behave in an appropriate manner both on and off the field of play when representing the Club. As a young player you are entitled to be safe and feel safe, have fun and experience a sense of enjoyment and fulfilment. You will be treated with respect, dignity and sensitivity. You are entitled to comment and make suggestions in a constructive manner and will be listened to. You will participate in games and competitions at a level with which you feel comfortable with. You can make your concerns known and have them dealt with in a confidential and appropriate manner. Play for enjoyment and become part of the GAA family.

As a young player of Cappamore Juvenile GAA you must:

1. Respect all Mentors, coaches, selectors, Club officials and opponents.
2. Remember YOU are representing your team, club, family and Cappamore.
3. Demonstrate fair play.
4. Play fairly, to the best of your ability and enjoy yourself.
5. Abide by the rules, codes, policies and procedures of the Club both on and off the playing field.
6. Respect your team members regardless of their ability, ethnic/cultural background or religion.
7. Support fellow team members whether they do well or not, all members are important to the team.
8. Represent your team, the Club and your family with pride and dignity.
9. Shake hands before and after the game irrespective of the outcome.
10. Respect your opponent; be gracious in defeat and modest in victory.
11. Inform Mentor on a timely basis when you are unavailable for training or games.
12. Take due care of Club equipment.
13. Adhere to acceptable standards of behaviour and the Club's code of Behaviour.
14. Behave in a manner that avoids bringing the Club into disrepute.
15. Talk to Club Officers/Children's Officer with any concerns or questions you may have. Tell somebody else if you or others have been harmed in any way
16. Challenge bullying in any form whether physical or emotional. Bullying is not acceptable behaviour in Cappamore Juvenile GAA.
17. Ensure that all dressing rooms and areas occupied by the team, prior to, during or immediately following any matches/training sessions are kept clean and not damaged in any way.

As a young player of Cappamore Juvenile GAA you must never:

18. Cheat, always play by the rules.
19. Use violence or physical contact that is not allowed within the rules.
20. Shout at or argue with an official, team mates or opponents.
21. Harm team members, opponents or their property in any way.
22. Play or train if you feel unwell or are injured.
23. Use unacceptable language or racial and/or sectarian references.
24. Use unfair or bullying tactics to gain advantage or isolate other players.
25. Take banned substances.
26. Keep secrets, especially if they cause harm.
27. Tell lies or spread rumours about others.
28. Use the internet, text messaging, smartphones, phones, tablets (I-pads, i-pods, etc) or tools like Facebook, Twitter, Snapchat, Viber, social media, etc. in a manner that causes emotional upset to team members, other club members, coaches, parents, officials, other teams or members of the public.